

A close-up photograph of a white lily flower with yellow and red stamens, set against a background of soft shadows of the flower and leaves.

Understanding Bereavement in the Workplace

***A FREE WORKSHOP TO HELP SUPPORT
YOU IN YOUR WORKPLACE***

Bereavement and loss is a very real part of the impact of Covid-19. The resulting grief impacts on the emotional, physical, spiritual and psychological wellbeing of the person who is bereaved.

Sign up now for this workshop in order to be better prepared to support your colleagues.

***Online via Zoom
Monday 1st June from 12.30^{pm} - 2.00^{pm}***

ChaplaincyPlus in association with St Giles Hospice warmly invites you to attend Understanding Bereavement in the Workplace, a free workshop to help support you in your workplace as we all embrace bereavement during Covid-19. This workshop is for anyone in business looking to better support colleagues affected by bereavement; learning through understanding key issues that help us to support one another.

This workshop will help you and your organisation to:

- Understand bereavement and the effect it can have on you and your colleagues
- Take basic bereavement training as part of your personal development
- Provide ongoing support for each other
- Improve communication with bereaved staff
- Take positive steps to becoming a compassionate employer



The workshop will be led by Ian Leech, whose role as Community Engagement Manager at St Giles Hospice, is to enable communities to have a better understanding about end of life care and bereavement support.

Ian has successfully run Understanding Bereavement workshops in businesses and community groups. As well as developing workshops for Hospice UK's Compassionate Employers Programme. Ian enjoys cycling and walking, and is a keen baker. In 2012 Ian was an Olympic Torchbearer.

Testimonials

"Good training on a difficult subject."

"Ian gave us all 'food for thought' as he picked up on areas that I certainly hadn't considered."

"Enjoyable workshop, especially designing the family exercise and talking."

This workshop is one of the first elements of the City Wellbeing Initiative - A proactive wellbeing service for Birmingham employers and their employees, providing positive, preventative support which helps embed affirmative habits for living life to the full, both at work and beyond.

For further details or to book in go to
www.understanding-bereavement.eventbrite.co.uk



chaplaincyplus.org uk 0121 236 9742